

Logging All Other Workouts (Zen Planner)

All workouts outside the Wayne campus Slainte Fitness Center, including at-home workouts or workouts done in a branch office, can be logged using Zen Planner.

1. Download the Zen Planner Member App from your phone's app store.



Zen Planner Member App
Business
★★★★☆ 3.5K



2. Open Zen Planner and log in.
 - a. Your username is the email address you used on your slainte membership form. You can select forgot password to generate a code and reset your password.



3. Click "Reserve," then the "Check in" button. It will then ask you to click "Check In" again. **This must be done the day of your workout. The app does not allow you to log workouts for previous days.**

