

# MEDITERRANEAN TURKEY SANDWICH

Preparation: **15** minutes | Cooking: **0** minutes | Servings: **4**

## INGREDIENTS

*4 whole wheat pitas*  
*2 avocados*  
*2 tomatoes, sliced*  
*2 green chilies, sliced*  
*1/2 onion, sliced*  
*1 pound turkey breast*  
*1 cup spinach leaves*  
*1 cup cucumber, sliced*  
*1/2 cup feta*  
*1/3 cup olive tapenade*  
*Salt and pepper*



## INSTRUCTIONS

Begin by spreading the olive tapenade on each pita bun. Add the tomatoes, spinach, avocado, onion, green chilies, turkey, cucumber and feta to one pita bun and then top the sandwich with the other bun.