TRIPLE BERRY QUINOA BREAKFAST BAKE

Preparation: 10 minutes | Cooking: 50 minutes | Servings: 8

INGREDIENTS

2 cups coconut milk (or milk of choice)
1 cup quinoa
1 cup blueberries
1/2 cup raspberries
1/2 cup strawberries
2 tablespoons maple syrup
1 tablespoon cinnamon
1 teaspoon vanilla extract



INSTRUCTIONS

Preheat your oven to 375 degrees Fahrenheit. Add all the ingredients into a baking dish, and stir to combine them. Bake the dish for about 60 minutes, or until the quinoa is cooked and the center is no longer liquid. Allow the dish to cool for at least 15 minutes. Then, scoop it and serve it with your desired toppings.

