BAKED BERRY CRISP

Preparation: **10** minutes | Cooking: **0** minutes | Servings: **2**



INGREDIENTS

2 slices whole grain bread 1/2 cup fresh berries (blueberries, strawberries and/or blackberries 1/4 cup whole milk ricotta cheese 2 teaspoons pure maple syrup or honey 3/4 teaspoons lemon zest

INSTRUCTIONS

Mix the ricotta, maple syrup (or honey) and 1/2 teaspoon of lemon zest in a bowl. Spread the mixture onto one side of each slice of toast. Then, top each slice of toast with 1/4 cup of berries and sprinkle the remaining lemon zest on top.



Recipe source: https://www.eatingwell.com