SLOW COOKER BROWN SUGAR BARBECUE CHICKEN

Preparation: 10 minutes | Cooking: 4 hours | Servings: 6

INGREDIENTS

6 whole grain buns
2 pounds boneless,
skinless chicken breasts
1 cup barbecue sauce
1/2 cup brown sugar
1/4 cup bourbon
1/4 cup Italian dressing
2 teaspoons garlic powder
1 teaspoon paprika
Coleslaw (optional)
Salt and pepper



INSTRUCTIONS

In a slow cooker, add chicken breasts, barbecue sauce, brown sugar, bourbon, Italian dressing, garlic powder and paprika. Season with salt and pepper. Toss together until chicken and ingredients are combined. Cover and cook on high for four hours or low for six hours. Once done, shred chicken and serve on buns with a drizzle of barbecue sauce and a spoonful of coleslaw. Enjoy!

