

# 4-INGREDIENT BANANA-BAKED OATMEAL CAKE

Preparation: 5 minutes | Cooking: 25 minutes | Servings: 3

## INGREDIENTS

*2 very ripe bananas*  
*1 cup oats*  
*2/3 cup milk of choice*  
*1 tablespoon butter or coconut oil*  
*1 teaspoon vanilla (optional)*  
*Chocolate chips (optional)*  
*Chopped nuts (optional)*  
*Fruit (optional)*



## INSTRUCTIONS

Preheat oven to 350 degrees. Place bananas, oats, milk and butter into blender, and blend into creamy/smooth texture. Pour into mini cake pan or small baking pan lined with parchment paper. Top with your favorite toppings. Bake for 20-30 minutes, and enjoy!