



# PEANUT BUTTER AND BANANA TOAST

Preparation: **5** minutes | Cooking: **2** minutes | Servings: **1**

## INGREDIENTS

*1 slice whole wheat or Ezekiel bread*  
*1/2 medium banana, sliced*  
*1 tablespoon peanut butter (or nut butter of your choice)*  
*Cinnamon to taste*



## INSTRUCTIONS

Toast your whole wheat bread, and spread peanut butter or nut butter on top. Add sliced banana, and sprinkle with cinnamon. Enjoy!

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Recipe source: <https://www.tasteofhome/recipes>