



BERRY SMOOTHIE FOR TWO

Preparation: **5** minutes | Cooking: **0** minutes | Servings: **2**

INGREDIENTS

1 frozen banana
3/4 cup blueberries
3/4 cup blackberries
1 (5.3-ounce) package plain Greek yogurt
1 cup vanilla soy milk



INSTRUCTIONS

Add all of the ingredients to a blender. Pulse for 30 seconds, stir, and pulse for an additional 30 seconds. Pour into two glasses, share and enjoy!

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Recipe source: <https://www.tasteofhome.com/recipes>