CEDAR PLANK SALMON WITH BLUEBERRY SAUCE

Preparation: 20 mins. + soak time | Cooking: 15 min. | Servings: 6

INGREDIENTS

6 salmon fillets (5 ounces each) 2 cedar grilling planks 1 garlic clove, minced 2 cups fresh blackberries 1/4 cup finely chopped shallots 2 tablespoons white wine 1 tablespoon brown sugar 1 1/2 teaspoons honey 1 1/2 teaspoons chipotle hot pepper sauce 1/4 teaspoon salt, divided 1/4 teaspoon pepper, divided



INSTRUCTIONS

Soak grilling planks in water for at least 1 hour. In a food processor, combine the blackberries, wine, brown sugar, honey, hot pepper sauce, 1/8 teaspoon salt and 1/8 teaspoon pepper; cover, and process until blended. Strain, and discard seeds. Stir shallots and garlic into the sauce; set aside. Place planks on grill over medium-high heat. Cover and heat until planks create a light to medium smoke and begin to crackle, about 3 minutes. (This indicates planks are ready.) Turn planks over. Sprinkle salmon with remaining salt and pepper. Place on planks. Grill covered, over medium heat for 12-15 minutes or until fish flakes easily with a fork. Serve with sauce. Pairs well with a side salad.

