

SNAPPY TUNA MELTS

Preparation: **15 min** | Cooking: **5 mins.** | Servings: **4**

INGREDIENTS

8 slices tomato
8 slices reduced fat Swiss cheese
4 whole wheat English muffins
1 pouch (11 ounces) light tuna in water
1 hard boiled egg, coarsely chopped
2 tbsp. reduced fat creamy balsamic vinaigrette
1 tbsp. stone-ground mustard (optional)



INSTRUCTIONS

In a small bowl, mix tuna, egg, vinaigrette and, if desired, mustard. Place English muffins on an ungreased baking sheet, cut side up. Broil 4-6 in. from heat for 1-2 minutes or until golden brown. Spread tuna mixture over English muffins; top with tomato and cheese. Broil 2-3 minutes longer or until cheese is melted.