

# BERRY SMOOTHIE FOR TWO

Preparation: **5** mins. | Cooking: **0** mins. | Servings: **2**

## INGREDIENTS

*1 frozen banana*  
*3/4 cup blueberries*  
*3/4 cup blackberries*  
*5.3 ounce package plain Greek yogurt*  
*1 cup vanilla soy milk*



## INSTRUCTIONS

Add all of the ingredients to a blender. Pulse for 30 seconds, stir, and pulse for an additional 30 seconds. Pour into two glasses, share and enjoy!